



Soundarya Educational Trust (R) has a glorious history of over 30 years.



Renuka Devi

Principal

Understanding How Our Brain Learn

Our Brains are designed for continual growth and learning.

Over the last 30 years or so, researchers in cognitive science education and developmental psychology have discovered some amazing things about how the human brain works, how our minds are naturally configured to develop skills, think creatively and continuously learn.

The human brain has the amazing ability to reorganize itself by forming new connections between brain cells.

The brain is made up of billions of nerve cells. These cells are chatty. They “talk” to each other, mostly using chemical messages. Incoming signals cause a listening neuron to fire or send signals of its own. A cell fires when an electrical signal travels through it. The signal moves away from what is called the cell body down through a long structure called an axon. When the signal reaches the end of the axon, it triggers the release of those chemical messengers. The chemicals then leap across a tiny gap. This triggers the next cell to fire. And it goes on.

As we learn something new cells that send and receive information about the task become more and more efficient. One type of glial cell wraps around nerve axons. These wrapping cells create what’s known as a myelin sheath. It has been found that when new skills are learned the amount of myelin insulating an axon increases. This happens as the size of individual glial cells increases. A thicker myelin sheath helps improve all types of brainy tasks. These include reading, creating memories playing a musical instruments and many more. A thicker sheath is also linked with better decision- making.

Nerve cells continue to add myelin well into adulthood, as our brains continue to grow and develop.

The prefrontal cortex for example – that area where decisions are made – gains myelin well into a person’s 20s. This may explain why teens don’t always make the best decisions. They’re not finished sheathing their nerve cells Glial cells like neurons, seem to change most during certain stages of sleep

Many students try to memorize lots of information the night before a test cramming may get them through the test. But the students won’t remember the information for very long.

With practice, anyone who has mastered a skill can perform it well. It’s important to spread out learning over many days which means learning a little bit at a time. Doing so allows links between neurous to steadily strengthen. It also allows glial cells time to better insulate axons. Even an “aha moment - when something suddenly becomes clear- doesn’t come out of nowhere. Instead, it is the result of a steady accumulation of information.

That’s because adding new information opens up memories associated with the task. Once those memory neurons are active. They can form new connections.

What’s absolutely crucial is generating interest and motivation as these translate into concentration, effort and progressively higher levels of mastery. Current efforts to transform schools into creative communities take this approach and have been highly effective.



MESSAGE

“Unspoken Struggles of Adolescence and Bridging the Communication Gap”



PUSHPALATHA N A

Academic In-charge (Grade IX & X)

I would be excited to bring you the continuation of this important information under the heading "Unspoken Struggles of Adolescence and Bridging the Communication Gap" which I shared in the last month's newsletter.

To bridge the communication gap and provide adolescents with the support they need, several steps can be taken:

1. **Creating Safe Spaces:** Parents can foster an environment of trust and nonjudgmental communication by assuring adolescents that they can discuss anything without fear of reprisal, parents can encourage open dialogue.
2. **Active Listening:** Parents should actively listen to their children's concerns and validate their feelings. This shows that their thoughts are valued and understood, helping to build trust.
3. **Educating Parents:** Parents need to educate themselves about the challenges adolescents face today. This includes understanding technology, social media, mental health issues, and changing societal norms.
4. **Normalizing Struggles:** Parents should emphasize that challenges during adolescence are normal and part of growing up. This can reduce the stigma associated with discussing sensitive topics.
5. **Professional Support:** If adolescents are hesitant to talk to their parents, having access to school counsellors, therapists, or helplines can provide an alternative outlet for them to express their concerns.
6. **Setting Boundaries:** Adolescents and parents can establish mutually agreed-upon boundaries for privacy and communication. This can help strike a balance between maintaining trust and ensuring safety.

EVENTS

TEACHER'S DAY

Teacher's Day serves as a reminder of the invaluable role educators play in shaping the future and the importance of showing gratitude for their efforts. Teacher's Day celebration was conducted by Soundarya Group of Institutions on 5th September at Soundarya State School, Nagasandra.

On the momentous occasion of Teacher's Day, Soundarya School celebrated its 30th anniversary.





KRISHNA JANMASHTAMI

Mont to Grades 5 celebrated Janmashtami with ardent enthusiasm and exhilaration. The programme started with an invocation song followed by sheer fun and festivity at its height. Songs, bhajans, skits and a short clip of the Dasavatharam were showcased. Janmashtami was indeed performed in all its entirety.



ENRICHMENT PROGRAMME

CAREER GUIDANCE

'Meet Your Role Models' (Secondary Stage)

With reference to career guidance 'Meet Your Role Model' session was held on 7 Sep 2023. Two role models, Mr. Nihal Shetty Material Science Engineer and Mr. Atul Lakshman, Corporate Lawyer addressed the students. Mr. Nihal Shetty discussed financial derivatives in more detail and the career opportunities they offer in areas such as finance, risk management, trading, and analysis.

Mr. Atul Lakshman spoke about Corporate law as a branch of law that deals with the formation, operation, governance, and dissolution of corporations and other business entities. It encompasses a wide range of legal principles and regulations that govern the conduct of businesses and their interactions with shareholders, employees, creditors, and other stakeholders.

He answered questions regarding how to efficiently pursue corporate law by writing CLAT test or write the entrance test for your desired college where you can pursue corporate law.

Both gave the idea of the pay range in the profession and the future scope and the important skills such as writing skills, negotiating skills and much more needed to be successful in the field of law.





SPACE SCIENCE AND EXPLORATION (Secondary Stage)

Space Science and Exploration Workshop, held on 1st September 2023 at Soundarya Central School

The school campus, brought together experts, researchers, and enthusiasts in the field of space science and exploration. The workshop aimed to promote knowledge exchange, collaboration, and discussion on the latest developments and future prospects in space exploration. The event was graced by the presence of eminent scientists from the Indian Space Research Organization (ISRO), including Dr. Thirtha Pratim Das, Ms. Ritukaridhal, Mr. Intiaz Ali Khan, Mr. Praveen Kumar, and Mr. Leo Jackson. The presence of distinguished scientists from ISRO added a special dimension to the workshop. Dr. Thirtha Pratim Das: Dr. Das provided insights into ISRO's recent achievements in space technology and its contributions to global space exploration. Ms. Ritukaridhal: Ms. Ritukaridhal shared her experiences and challenges as the Mission Director of Chandrayaan-2. Mr. Intiaz Ali Khan: Mr. Khan discussed the role of ISRO in advancing space technology and fostering international collaborations. Mr. Praveen Kumar: Mr. Kumar highlighted ISRO's endeavours in satellite technology and its applications in various fields. Leo Jackson: Mr. Jackson emphasized the significance of space science education and outreach in inspiring the next generation of space scientists. In conclusion, the Space Science and Exploration Workshop proved to be an invaluable gathering of minds, fostering collaboration and knowledge. Throughout the event, participants were treated to enlightening discussions on advancements in space technology, updates on ongoing and upcoming space missions, and the astounding scientific discoveries that await us beyond our planet.

SIGNIFICANT ASSEMBLIES

HINDI DIWAS

The students of Grades 1 to 9 conducted a general assembly on 14th September on the occasion of Hindi Diwas. Students showcased their skills by presenting a speech, the importance of the day, song and dance which made the day very special and informative about the Hindi language and its heritage.





ENGINEER'S DAY (Preparatory stage)

Every year on 15 September, the country observes Engineer's Day to remember the birth anniversary of Mokshagundam Visvesvaraya. He was one of the greatest nation-builders who contributed to the field of engineering and education. This special day is observed to acknowledge Bharat Ratna Visvesvaraya who was regarded as the 'Father of Modern Mysore'. On Wednesday 13th September 2023, Students organized a Special Assembly on Engineer's Day by delivering informative speeches, chart presentations, and a creative poem on the great legend.



WORLD TOURISM DAY (Preparatory stage)

World tourism day 2023 under the theme Tourism and Green investments highlights the need for more investments for sustainable development goals. Grade 3 students celebrated World Tourism day on 20th september . All students took part actively by sharing information on tourism videos and PPT's were presented by the teachers.





NUTRITION WEEK

" The food you eat can be either the safest and most powerful form of medicine or the slowest form of poison" - Ann Wigmore

National Nutrition Week is observed annually all over the world from 1st to 7th of September to promote awareness about the importance of a balanced diet and good nutrition. The theme for National Nutrition Week in 2023 is " Nutrition for Well-being: Nourish Your Body, Nourish Your Life." Students of Grade 8 celebrated National Nutrition Week in the general assembly. They spoke about the importance of a balanced diet and also exhibited different charts. This celebration promotes awareness about nutrition, encouraging healthier eating habits and engaging communities in the pursuit of better health



TEACHERS DAY

“ Teachers can change lives with just the right mix of chalk and challenges.” - Joyce Meyer

Teachers' Day is celebrated on 5th September to commemorate the birth of Dr. Sarvepalli Radhakrishnan who was the first Vice President and the 2nd President of our country. Students celebrated Teacher's Day with dance, and song and delivered speeches on the importance of the day. They spoke about the remarkable Indian scholar Dr. S. Radhakrishnan and prepared teacher's day badges, collages and group songs and showed their gratitude to all the teachers.



INTERNATIONAL DAY OF PEACE (Middle Stage)

“ Together for peace: Respect, Safety and Dignity for all”.

The International Day of Peace is observed annually on September 21st. It was established by the United Nations General Assembly in 1981 to promote peace and cease-fires around the world. The theme for 2023 is “ **Recovering Better for an Equitable and Sustainable World**”. Students of Grade 8 observed the International Day of Peace in the general assembly on 21st September. Kruthi of grade 8 D spoke about the importance of the day followed by a quiz on the topic. Abhinav presented amazing facts on the day's topic.





CHANDRAYANA -2 (Secondary stage)

On September 8th - A special assembly on Chandrayana-2 was conducted. A skit was performed on "Journey to the Moon". Students brilliantly brought Chandrayana-2 to life through a captivating skit. They portrayed ISRO scientists, astronauts and the Lunar Rover, sharing the mission's challenges and triumphs in an engaging 10-minute performance.



HOUSE & CLUB VIBES

Coming together is a beginning. Keeping together is progress. Working together is a success.

MAKING OF BOOK MARKER (FOUNDATION STAGE)

STAGE)

Colorful bookmarks were made by students and decorated. This activity helped to increase the eye hand coordination of the students. .



HINDI LITERARY COMPETITION (FOUNDATION STAGE)

(FOUNDATION STAGE)

A poem recitation competition on the topic " Chand"for Grade1 and for grade 2 on the topic " Bird" was conducted. Winners were selected based on proper pronunciation, intonation and presentation.





GANESHA MAKING

(FOUNDATION STAGE)

Ganesha's picture was decorated using colored pista shells. Students showcased their creativity in the selection of colors



BADGE MAKING FOR BIRTHDAY AND TEACHER'S DAY

(Middle Stage)

Students showed their gratitude to their teachers by preparing teachers' day badges



ENGLISH LITERARY COMPETITION

(Middle Stage)

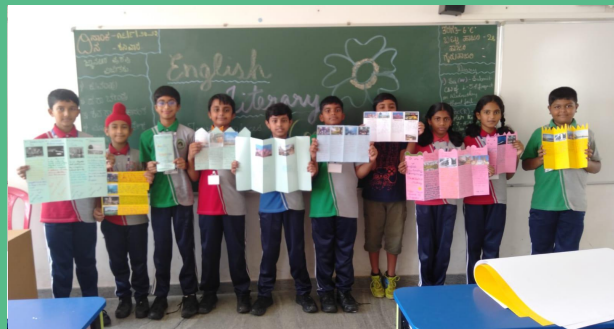
Grade 6 - Group activity -Brochure making on tourism in Singapore

Grade 7-Quiz- geography of Singapore

Grade 8 -English Literary Competition Questionnaire **Topic: Ni Hao!! SINGAPORE**

The competitions helped the children to understand the nature and characteristics of every place and admire the mesmerizing beauty of Singapore's tourist places. Enabled the children to understand the political systems, the states, the territory, the borders and the basic elements of culture and develop 'cultural awareness' to build respect and empathy for other people.

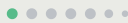
The competition filled great enthusiasm among students.



KANNADA CHART MAKING ACTIVITY (Middle Stage)

Grade 8

ಬೆಂಗಳೂರು ದಿನಾಂಕ 16 /9/ 23 ರಂದು ಸೌಂದರ್ಯ ಸೆಂಟ್ರಲ್ ಶಾಲೆಯಲ್ಲಿ ಹೌಸ್ ಆಕ್ಟಿವಿಟಿ ಕೈಗೊಳ್ಳಲಾಯಿತು. ಏಳನೇ ತರಗತಿಯ ಪ್ರತಿಯೊಂದು ವಿಭಾಗಕ್ಕೆ ಒಂದೊಂದು ವಿಷಯವನ್ನು ಕೊಡಲಾಯಿತು. ಅದರಲ್ಲಿ ಮೊದಲಿಗೆ " ವಿಭಾಗದ ಮಕ್ಕಳಿಗೆ ಕರ್ನಾಟಕದ ಪ್ರವಾಸಿ ತಾಣಗಳ ಬಗ್ಗೆ ಮಾಹಿತಿ ಮತ್ತು ಚಿತ್ರಾವಳಿಗಳು ಸಂಗ್ರಹಿಸಲು ಹೇಳಲಾಯಿತು. ಅದೇ ರೀತಿ 'ಬಿ' ವಿಭಾಗದ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಜ್ಞಾನಪೀಠ ಪ್ರಶಸ್ತಿ ಪಡೆದವರ ಭಾವಚಿತ್ರ ಮತ್ತು ಅವರ ಚಿಕ್ಕ ಪರಿಚಯ,' ಸಿ' ವಿಭಾಗದ ಮಕ್ಕಳಿಗೆ ವಚನಕಾರರ ಭಾವಚಿತ್ರ ಮತ್ತು ಅವರ ಪರಿಚಯ, 'ಡಿ' ವಿಭಾಗದ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಕರ್ನಾಟಕ ಜಾನಪದ ನೃತ್ಯಗಳಾದ ಕೋಲಾಟ, ಯಕ್ಷಗಾನ, ಕಂಪಾಳಿ, ಡೊಳ್ಳು ಕುಟಿತದ ಚಿತ್ರಾವಳಿಗಳು ಮತ್ತು ಈ ಎಲ್ಲಾ ಕಲೆಗಳ ಮಹತ್ವದ ಬಗ್ಗೆ ಅದೇ ರೀತಿ 'ಈ' ವಿಭಾಗದ ವಿದ್ಯಾರ್ಥಿಗಳಿಗೆ ಕರ್ನಾಟಕದ ಬಾವುಟ, ದ್ವಿಧ್ವಜ, ಕರ್ನಾಟಕದ ನಕ್ಷೆಗಳು ಮಾಡಲು ಹೇಳಲಾಯಿತು. ಹೀಗೆ ವಿಷಯವಾರು ಚಟುವಟಿಕೆಗಳನ್ನು ಕೊಲಾಜ್ ಮೇಕಿಂಗ್ ಮಾಡಿದರು. ಎಲ್ಲಾ ವಿದ್ಯಾರ್ಥಿಗಳು ತುಂಬಾ ಉತ್ಸಾಹದಿಂದ ಭಾಗವಹಿಸಿ ತುಂಬಾ ಅಧ್ಯತವಾಗಿ ಈ ಚಟುವಟಿಕೆಯನ್ನು ಮಾಡಿದರು. ಈ ಚಟುವಟಿಕೆಯಿಂದ ವಿದ್ಯಾರ್ಥಿಗಳು ತಿಳಿದುಕೊಂಡ ವಿಷಯವೆಂದರೆ ಕರ್ನಾಟಕದ ಹಿರಿಮೆ ಎಂತದ್ದು ಸಾಂಸ್ಕೃತಿಕ ಕಲೆಗಳ ನಾಡಿನ ಬಗ್ಗೆ ಸಾಮಾನ್ಯ ಜ್ಞಾನವನ್ನು ಹೆಚ್ಚಿಸಿಕೊಳ್ಳಲು ಸಹಾಯವಾಯಿತು. ಹೀಗೆ ವಿದ್ಯಾರ್ಥಿಗಳಲ್ಲಿ ಕನ್ನಡ ಭಾಷೆಯ ಮೇಲೆ ಅಭಿಮಾನವನ್ನು ಮತ್ತಷ್ಟು ಹೆಚ್ಚಿಸುವಂತೆ ಈ ಚಟುವಟಿಕೆಗಳು ಮಾಡಿದವು. ಈ ಚಟುವಟಿಕೆ ಸಂಯೋಜಿಸಿದಂತೆ ಚಿತ್ರಪಟಗಳು ಕೆಳಗಿನಂತಿವೆ.



Grade 7

ಬೆಂಗಳೂರು, ಸೆಪ್ಟೆಂಬರ್ ೧೬, ೨೦೨೩ ಸೌಂದರ್ಯ ಸೆಂಟ್ರಲ್ ಶಾಲೆಯಲ್ಲಿ ಎಂಟನೇ ತರಗತಿಯ ಎಲ್ಲಾ ವಿದ್ಯಾರ್ಥಿಗಳು ಕನ್ನಡ ನಾಡು ನುಡಿಗೆ ಸಂಬಂಧಿಸಿದಂತೆ ಅನೇಕ ಚಟುವಟಿಕೆಗಳನ್ನು ಮಾಡಿದರು. ಅವುಗಳೆಂದರೆ ಕರ್ನಾಟಕದ ನದಿಗಳು, ಕರ್ನಾಟಕದ ವಿತ್ತವಿದ್ಯಾಲಯಗಳು, ರಾಜಧಾನಿಯ ವಿಶೇಷತೆಗಳು, ಕರ್ನಾಟಕದ ಜಿಲ್ಲೆಯ ವಿಶೇಷತೆಗಳು, ಕನ್ನಡದ ಪ್ರಸಿದ್ಧ ಹೇಳಿಕೆಗಳು... ಇತ್ಯಾದಿ ವಿಷಯಗಳ ಬಗ್ಗೆ ಚಿತ್ರ ಸಹಿತ ಮಾಹಿತಿ ಬರೆದು ವಿದ್ಯಾರ್ಥಿಗಳು ಕರ್ನಾಟಕದ ಬಗ್ಗೆನ ಹೆಚ್ಚಿನ ಜ್ಞಾನವನ್ನು ಪಡೆದುಕೊಳ್ಳುವ ಉದ್ದೇಶದೊಂದಿಗೆ ಚಟುವಟಿಕೆಯನ್ನು ಮಾಡಲಾಯಿತು.



COOKING WITHOUT FIRE

Eco Club (SECONDARY STAGE)

"Cooking without fire" activity was conducted on 16 sep 2023 to enable to understand the nutritional value of food cooked without flame, advantages of healthy eating and the importance of good hygiene . Children were asked to bring ingredients to cook food without fire. 7 teams from Grade 9 & 10 participated and prepared food items like Pani puri, fruit salad, lays chat, avocado chat, oreo laddu, fresh mojito,bhel puri, tangy amla chat, chat pat chat. Mrs. Simi Vineeth, Mrs. Sunanda Shetty were the judges for event.





DRAWING COMPETITION

TOPIC: NATURE (Preparatory stage)

As part of house competition Students of grade 3 drew pictures related to nature enthusiastically. They made a collage on a chart and presented neatly.



HINDI- LITERARY COMPETITION (Preparatory

stage)

Students of grade 3 -5 participated actively in the Hindi literary competition. To ignite the patriotism and enhance speaking skills and communication skills among students patriotic songs, panchatantra stories and role play of freedom fighters were held.





Class activities

By incorporating various activities in the classroom, students have improved their language skills and developed self-confidence, critical thinking, and teamwork abilities. The positive response from both students and teachers indicates the success of these activities in creating an enriching learning environment.

MATH ICE CONE ACTIVITY (FOUNDATION

STAGE)

In order to teach short form, long form, place value and number names of two digit numbers in a play way method. Students were asked to write the short form, long form, place value and number names in the provided space which are layered as 4 layers of ice cream.



KANNADA SPEAKING SKILL

(FOUNDATION STAGE)

Children spoke fluently, confidently and with proper pronunciation about the given topic





KANNADA - SPEAKING SKILL- ಜನವರ

ಕ್ರೀಡೆಗಳು (PREPARATORY STAGE)

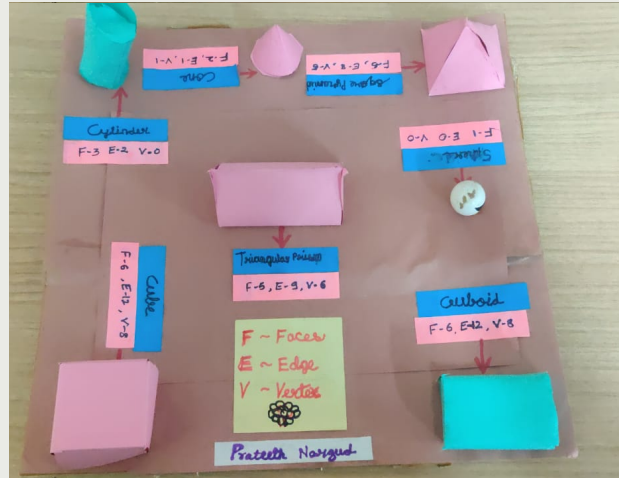
Students of Grade 3 actively participated in speaking skill activity. Students spoke fluently, and confidently and shared lot of information about sports.



MATH - MY WORLD WITH

SHAPES (Preparatory stage)

Students of grade 3 made the models of 3D figures as a subject enrichment activity for term -1 which made them understand the concept of solid figures along with the properties



MATH- PICTORIAL

REPRESENTATION OF DATA (Preparatory

stage)

An activity to encourage creative, critical and dedicated approach to thinking is conducted in Grade 4. Students enjoyed the activity and learned to tabulate the given data, create a table using the data and interpret the data.

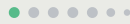




MATH- FACTORS AND MULTIPLES

(Preparatory stage)

Students of grade 5 have engaged themselves with the activity on the topic " Factors and Multiples" which involves nine different activities in the same kit, including the different sub-topics, like finding the factors, common factors, multiples, common multiples along with the dice activity. The students learnt many concepts through this activity and enjoyed learning with this hands-on activity. They explored all the components including puzzles and games with great curiosity.



MATH- UNDERSTANDING

ELEMENTARY SHAPES (Preparatory stage)

Students of grade - 5 have engaged themselves with the topic "Basic Geometrical Concepts" which involves five different activities .it includes the different sub-topics, like Point, Ray, Line, Line segment, Angles and Types of angles. The students learnt many concepts through this activity and enjoyed learning with hands-on activity. They explored all the components of each kit including puzzles and games with great curiosity.



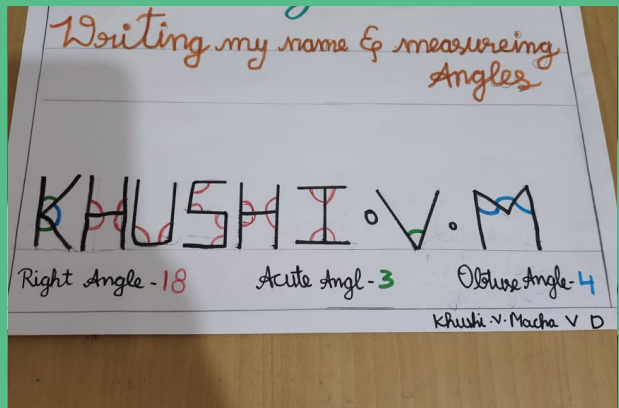
EVS- PRESENTATION OF DESERT ECOSYSTEM MODEL (Preparatory stage)

Students of grade-5 prepared the model of the desert ecosystem as the part of academic activity to visually represent and educate about the unique characteristics, components, and interactions within desert environments. Foster a love for learning about different ecosystems and the natural world. Maintained a high level of engagement and enthusiasm throughout the project



MATH- ANGLES WITH YOUR NAMES (Preparatory stage)

As part of their subject enrichment activity, the Grade 5 students marked the angles they found in the letters of their names. The name of the activity was "Angles with your name". This activity helps the students to think about and identify the angles in their surroundings.





INQUIRY BASED LEARNING - EVS (Preparatory stage)

School has incorporated Inquiry-based learning which emphasizes the development of critical thinking, problem-solving, and investigative skills through the process of inquiry. Inquiry-based learning encourages students to actively explore and investigate a topic, concept, or problem, through open-ended questions, research, and hands-on activities.



HINDI: GUDIYA KI SHAADI (FOUNDATION STAGE)

Students arranged the class into a marriage hall and decorated the dolls as groom and bride. The activity puts light on the value of sharing and caring. They learned the relationship between the family members.



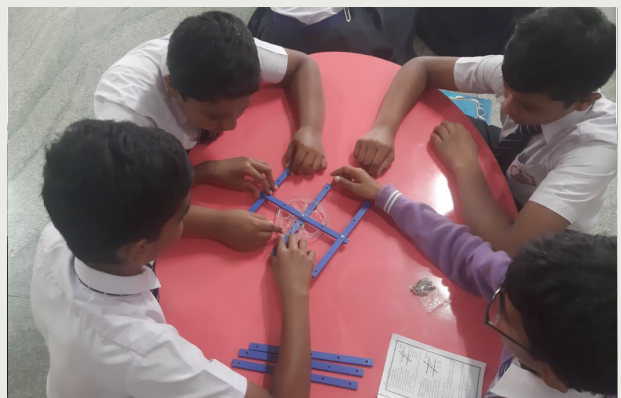
ENGLISH: PRONOUN HUNT (FOUNDATION STAGE)

Coloring the suitable pronoun activity helped to learn the concept playfully.



MATH LAB ACTIVITY (Middle Stage)

Students of grade 7 were engaged in hands-on experience on properties of parallel lines and enjoyed math with fun. Students were able to identify vertically opposite angles and measures by protractor.





Kannada Multiple Assessment - Wall Hanging

(Secondary Stage)

Poets are the most magical creatures on the earth. They are the Philosophers and the intelligence of humanity. Their quotes and imagination influences everyone. With this motto the kannada multiple assessment activity wall hanging on unsung poets of karnataka was conducted for grade X . This activity made the students use their imagination & creativity at its best.



Principles of Management

Business studies

Students of Grade XII commerce learnt 4 pieces of marketing mix and its components through a paper presentation. Students learnt 14 principles of Henry fayol and the scientific principles of F.W Taylor through Chart Making Activity on Principles of Management .Theoretical knowledge extended through a paper presentation.

PAIRED ASSOCIATE LEARNING Psychology

Paired associate learning activity was conducted for Grade XII students of psychology .

It is a classic memory paradigm that is used to understand how people encode and retrieve newly formed associations among stimuli.



THE SOUND OF SUCCESS

"If you want to be happy ,set a goal that commands your thoughts,liberates your energy and inspires your hopes".- Andrew Carnegie

SAHODAYA YOGASANA CHAMPIONSHIP

Students enthusiastically participated in Group event Under 11 Girls Organized by DPS Bangalore North SAHODAYA YOGASANA CHAMPIONSHIP and bagged second place and brought accolades to school.

1. Saanvi Satish (Grade 2A)
2. Thrisha B Gowda (Grade 3F)
3. Dhathri Shrestami R (Grade 3C)
4. Vainavi DG (Grade 5B)
5. Praanjala P Shetty (Grade 4B)





VIDYASHILP ACADEMY - INTER SCHOOL COMPETITION

Vidyashilp Academy had organized inter-school yogasana competition on 15th September 2023. Our school yoga team won various prizes.

Under 14-team secured 3rd position and under 19 boys secured first position.

In the individual category Grade 7C Tharun Saagar secured first position, Grade 3F Thrisha B Gowda first position and Grade 9 D Suhas L secured first position.



NIE - SCHOOL SUPER LEAGUE 2022 - 2023 (Middle Stage)

Success brings happiness and a sense of pride. Congratulations on your inspiring success!

NIE - School Super League 2022 - 2023 was conducted by India's largest education tech company BYJU's, in association with The Times of India - Newspaper In Education (Times-NIE). The challenge, rigorously designed by experts, aims at helping students gain insight into their scientific, mathematical and social science aptitude. Congratulations to the winners.

Senior Category Shravya V Bhat Grade IX.

Junior category Atul Singh Yadav Grade VI and Sub Junior category Manvith Grade IV were awarded School Backpack bags



HERITAGE FOUNDATION OF ART AND CULTURE - DRAWING COMPETITION (Preparatory Stage)

Grade 3 students participated in a spectacular event on 27 July 2023 in online mode. A competition was organized by the Heritage Foundation of Art and Culture with the aim of fostering creativity, imagination and storytelling skills among young children while promoting awareness about the majestic creature, The Tiger. Shaswath Javagal, Achintya Dongre, Shouri A Banger were the winners of the event.





KARNATAKA STATE SCHOOLS CHESS CHAMPIONSHIP - 2023

(Middle

Stage)

Karnataka State Schools Chess championship - 2023 was held in Mysore from 25th Aug to 27th Aug. Master Anirudh P Gadgoli of Grade 8 participated in the event and scored 3 points out of 7 rounds and was placed 8th on the merit list.



INTER SCHOOL ROLLER SKATING COMPETITION

(Middle

Stage)

Samyukta Roller Skating Academy has organised inter school roller skating competition which was held on 2nd sept 2023 and Kushala. N of Grade 7 won the I prize in the Tenacity category and Suhritha Sri P of Grade won the I prize in the Inline category.



SWIMMING COMPETITION

(Middle Stage)

Chinmayi P. H. participated in a Swimming competition organised by Pro Sports Power Play and secured I position in 50m breast stroke, I position in 100m free Style, I position in 50m freestyle.





ART INTEGRATION

**Art-Integrated Learning and Project Work _ Academic Session 2023-24
PAIRING OF STATES AND UNION TERRITORIES**

Bangalore Sahodaya Complex in Collaboration with My Master's Strokes launched a MEGA INTER SCHOOL CBSE ART - INTEGRATED COMPETITION as part of Ek Bharat Shrestha Bharat Programme.



It is absolutely a thrill to share the resounding success of our students in the Mega **Art-Integration Competition held on September 24, 2023.**

Our institution fielded a contingent of 20 students, thoughtfully divided into two teams of ten, to take part in this prestigious event. The competition revolved around the captivating theme of "Ek Bharat Shrestha Bharat," taking inspiration from the rich tapestry of art and culture in Ladakh.

Our students, with an unwavering commitment to excellence, demonstrated an astonishing level of dedication and ingenuity. Their task was nothing short of artistic alchemy: to portray Ladakh's intricate artistry on an umbrella. This challenge saw them in the company of 41 other schools, a testament to the competition's fierce nature.

What transpired was nothing short of extraordinary. Against the backdrop of a strict two-hour timeline, our teams transformed their visions into reality while meticulously maintaining the pristine ambience of their workspace. Their collective efforts were a marvel to behold.

We are overjoyed to declare that one of our formidable teams not only clinched a place in the esteemed top 10 but also ascended to an illustrious spot among the coveted top 3. This achievement is nothing short of a triumph, a testament to the indomitable spirit of our institution.

Congratulations to the team !!!

GK Quiz (preparatory stage)

Students of Grades 3-5 participated in the Quiz Competition. The Quiz was conducted on 16 September 2023. The final round competition covered the areas of Science, Math, Current affairs, and General Knowledge. There were 4 teams. Every team had 3 members who were from classes 3rd to 5th. There were 5 rounds of General Knowledge, Subject-related questions, Audio identification, Picture Identification, and Rapid-fire rounds. The winners were Team D: Vishnu Gowda 3rd Std, Bhavika from 4th Std and Vedanth from 5th Std.





THE INKWELL

SHADE IN NIGHT (PREPARATORY STAGE)

1. Shade of Night

In the Cimmerian shade of night
I saw a moonlight
That shines so bright
I was in dress, white
And was very much delight
My eyes sparkled at the sight
The sky with stars well-lit
Which was far away from my height
I changed my thoughts, in despite
To be more creative to ignite
And I woke up overnight
With holding my pen tight
I started to write
"You might be sure it was a perfect plight,
Sitting in front of the firelight, She tried to look contrite."
I pushed all words in might
But ,Alas ! couldn't complete my write.

Ms. Meenakshi
English Educator
(Preparatory Wing)

